

GRANDPARENT-GRANDCHILD ATTACHMENT SCALE – think of your first grandchild

Q1 When I am caring for the grandchild, I get feelings of annoyance or irritation:

- Very frequently
- Frequently
- Occasionally
- Very rarely
- Never

Q2 When I am caring for the grandchild I get feelings that the child is deliberately being difficult or trying to upset me:

- Very frequently
- Frequently
- Occasionally
- Very rarely
- Never

Q3 Over the last two weeks I would describe my feelings for the grandchild as:

- Dislike
- No strong feelings towards the grandchild
- Slight affection
- Moderate affection
- Intense affection

Q4 When I am with the grandchild and other people are present, I feel proud of the grandchild:

- Very frequently
- Frequently
- Occasionally
- Almost never

Q5 When I have to leave the grandchild:

- I usually feel rather sad (or it's difficult to leave)
- I often feel rather sad (or it's difficult to leave)
- I have mixed feelings of both sadness and relief
- I often feel rather relieved (and it's easy to leave)
- I usually feel rather relieved (and it's easy to leave)

Q6 When I am with the grandchild:

- I always get a lot of enjoyment/satisfaction
- I frequently get a lot of enjoyment/satisfaction
- I occasionally get a lot of enjoyment/satisfaction
- I very rarely get a lot of enjoyment/satisfaction

Q7 When I am not with the grandchild, I find myself thinking about the grandchild:

- Almost all the time
- Very frequently
- Frequently
- Occasionally
- Not at all

- Q8 When I am with the grandchild:
- I usually try to prolong the time I spend with him/her
- Neither
- I usually try to shorten the time I spend with him/her
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- Q9 When I have been away from the grandchild for a while and I am about to be with him/her again, I usually feel:
- Intense pleasure at the idea
- Moderate pleasure at the idea
- Mild pleasure at the idea
- No feelings at all about the idea
- Negative feelings about the idea
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- Q10 I now think of the grandchild as:
- Very much my own grandchild
- A bit like my own grandchild
- Not yet really my own grandchild
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- Q11 Regarding the things that we have had to give up because of the grandchild:
- I find that I resent it quite a lot
- I find that I resent it a moderate amount
- I find that I resent it a bit
- I don't resent it at all

Q12 Over the past three months, I have felt that I do not have enough time for myself or to pursue my own interests:

- Almost all the time
- Very frequently
- Occasionally
- Not at all

Q13 Usually when I am with the grandchild:

- I am very impatient
- I am a bit impatient
- I am moderately patient
- I am extremely patient

GRANDPARENT-GRANDCHILD ATTACHMENT SCALE: SCORING

Q1 1-5

Q2 1-5

Q3 1-5

Q4 4-1

Q5 5-1

Q6 4-1

Q7 5-1

Q8 3-1

Q9 5-1

Q10 3-1

Q11 1-4

Q12 1-4

Q13 1-4

Maximum total = 56

Minimum total = 13

Distribution usually skewed towards the high attachment end.